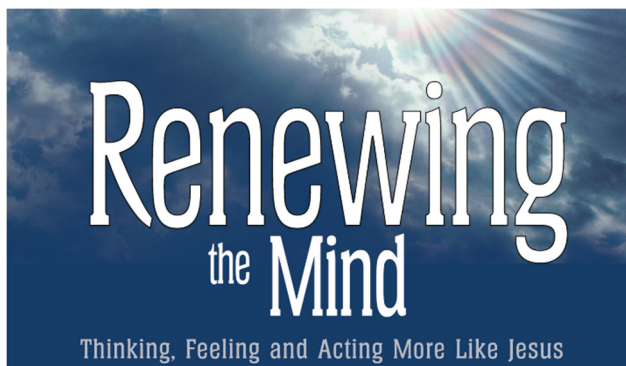


# Young at Heart FALL SENIORS RETREAT September 18-21, 2023

## RETREAT THEME



*"Do not be conformed to the pattern of this world, but be transformed by the renewing of your mind."*  
**Romans 12:2**

## HIGHLIGHTS

- ☺ Relaxed Schedule
- ☺ Delicious Food
- ☺ Comfy Housing
- ☺ Inspiring Chapels
- ☺ Hymn Sing
- ☺ Carpetball Tourney
- ☺ Matinee Movie
- ☺ Fall Variety Show



## BIBLE TEACHER

### Pastor Don Bishop

After twenty-fives of continuous ministry, Don and wife, Kris, still call Hope Fellowship in Ramsey "home." Now retired, Don was the founding pastor and stayed acted in leadership. Blessed with a pastor's heart, he has also recruited and mentored several pastors. The Bishops reside in Ramsey and their three married children have blessed them with and four grandkids.



## MONDAY, SEPTEMBER 18

- 2:00 Registration Opens
- 3:30 Welcome Circle
- 5:00 Dinner / Trading Post
- 7:00 Chapel
- 8:30 Fellowship / Snacks

## TUESDAY, SEPTEMBER 19

- 8:00 Breakfast / Quiet Time

## Senior Day Events

- 9:30 Coffee Fellowship
- 10:15 Chapel
- 12:15 Lunch / Trading Post
- 1:30 **Gym Construction Tour!**  
Zipline / S'mores / Pontoons
- 3:00 **CONCERT OF PRAISE!**  
**Dan & Karin Wickman**
- 5:00 Dinner

- 7:00 The Funnest Fun: "A State of Mind"
- 8:30 Fellowship / Snacks / Games

## WEDNESDAY, SEPTEMBER 20

- 7:00 Morning Stroll
- 8:00 Breakfast / Quiet Time
- 9:30 Chapel
- 11:00 Carpetball Tournament
- 12:00 Lunch / Free Time  
Craft Project
- 1:00 **Special:** Financial Strategies with Erin Berns
- 3:00 **Matinee: Jesus Revolution**
- 5:15 Dinner / Pontoon
- 7:30 **Fall Variety Show**
- 8:30 Fellowship / Snacks / Games

## THURSDAY, SEPTEMBER 21

- 8:00 Breakfast
- 9:00 Chapel
- Relaxed Departure



## TUESDAY GUEST ARTISTS

### Dan and Karin Wickman

Dan and Karin have been making music together as lyric bass and pianist for over 55 years, many as church musicians. They met on a piano bench while students at Bethel and have been singing duets ever since.



Performing a variety of sacred and secular music, the Wickmans especially enjoy the easy-listening love songs of yesteryear. Come ready for a sweet "Trip Down Memory Lane" well as inspiring collection of "Songs for the Journey."

## WEDNESDAY MATINEE:

### Jesus Revolution

*JESUS REVOLUTION* is the story of a young hippie's (Pastor Greg Laurie) quest in for belonging and freedom. His journey, like many others, led not only to peace, love, and rock & roll, but set in motion the counterculture and history-impacting Jesus Movement.



## SPECIAL GUEST: Erin Berns

### Advisor, Personal Office - NorthRock

With offices across the country, NorthRock Partners seamlessly delivers financial and lifestyle advice services tailored to client needs. As Camp's financial manager, Erin is happy to share financial strategies and answer questions to encourage today's seniors. No pressure - just helpful insights from a Camp partner.

## FALL 2023 REGISTRATION

☐ Fall Retreat ☐ Fall Senior Day

NAME(S) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE \_\_\_\_\_

ZIP \_\_\_\_\_ PHONE (\_\_\_\_\_) \_\_\_\_\_

CHURCH \_\_\_\_\_

CITY \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_

EMERGENCY PHONE (\_\_\_\_\_) \_\_\_\_\_

New to Camp Lebanon? ☐ Yes ☐ No

Invited by: \_\_\_\_\_

### HOUSING REQUESTS:

I/We can handle a flight of stairs.

☐ No ☐ Yes

Physical Limitations:

☐ No ☐ Yes (explain)

### FEES \*

**RETREAT:** (Camp linens included!)

\$169 per person / \$299 per couple

\* For FINANCIAL ASSISTANCE, please call.

**SENIOR DAY:** Love Offering received

### TO REGISTER:

Minimum Deposit: \$25 per person.

If possible, please pay in full and mail to:

**Camp Lebanon**

1205 Acorn Road Burtrum MN 56318

**320-403-9555**

**REFUND POLICY:** All but a \$25 non-refundable registration fee (per couple/individual) will be refunded for cancellations made by Sept. 1. Fees are transferable if a replacement is found.

## RETREAT INFORMATION

**WHO CAN COME:** Adults (married or single) who feel the “right” age! All churches welcome! Camp’s “senior friendly” facilities (e.g. elevator, handicap accommodations, helpful staff) make it possible for most everyone to enjoy a visit.

### HOUSING: Cedar Bay Lodge / Birch Point:

Comfy units with full-bath sleep three (queen, XL single). *Chalet:* 6 units, XL double, private vanity, community showers, handicapped-friendly. *Scandinavia:* 6 units, community showers, easy access. LINENS (bedding and towels) provided for all guests and beds are made!

**THINGS TO BRING:** Bible, informal attire, favorite table game, a favorite promise of God to share, and a friend or two.

**\$25 x 2 SHARE CAMP BONUS:** Returning guests receive a \$25 Store Coupon for every friend or couple they bring who is new to a Camp Lebanon senior retreat! The invited friend(s) gets the \$25 Store Coupon, too!

### DIRECTIONS FROM:

**TWIN CITIES:** I-94 to Albany. North on MN 238 thru Upsala. Left on Cty 228 for 3.5 miles.

**ANOKA:** US 10 north past St. Cloud to Rice. Left on Cty 2 for 3 miles across river. First right (to North Prairie) 17.5 miles to Upsala. Right on MN 238 thru town. Left on Cty 228.

**ALEXANDRIA:** I-94 to Sauk Centre (Exit 127). North on US 71 to downtown. East at light on Cty 17 for 12 miles to ‘T’. North on Cty 35 (becomes Cty 47) for 4 miles (Big Birch Lake on left). East on Cty 2/F for 7 miles past Cedar Lake (on left). Follow signs to Camp

**LONG PRAIRIE:** From US 71 east on MN 287 to Grey Eagle. South on Cty 33 for 9 miles past Cedar Lake.

**LITTLE FALLS:** MN 27 west to MN 238 south to Cty 228 north of Upsala. Follow Cty 228 for 3.5 miles.



**CAMP LEBANON**  
A MEETING PLACE WITH GOD



## FALL 2023

**“Young at Heart!”  
Seniors Retreat  
September 18-21**

**Spring Senior Day  
Tuesday, September 19**

