



**Fall Women's Retreat at Camp Lebanon**  
**September (25) 26-28, 2025 and October (2) 3-5, 2025**

Be Still. God has made us promises that cannot be shaken. In Exodus 14:14, we are told "The LORD will fight for you; you need only to be still." This weekend, we will dive into the Unshakeable Promises that God has made and learn practical ways to learn to rest in them. This retreat will ground you on those promises and equip you to return to your homes, churches, and communities standing firm.

**Retreat Speaker: Erica Wiggenhorn**  
**Theme: "UNSHAKEABLE PROMISES"**

**Speaker: Erica Wiggenhorn**

We are so excited to welcome Erica Wiggenhorn to Camp Lebanon for the very first time! A national speaker with Aspire Women's Events, Erica also speaks at women's retreats, large conferences or her own kitchen table. Erica longs to bring Scriptural Truth and see lives transformed. Erica also serves on the Proverbs 31 Ministries writing team. An award-winning author with Moody Publishers, she wants people to discover delight in God's Word as they become equipped with tools to read it with confidence. For free resources to help you study the Bible visit [Erica Wiggenhorn | Women's Author & Speaker | Every Life Ministries](#). You can also find her almost every day on Instagram where she shares Phoenix life with her best friend Jonathan, and their four children—two of which are human and the others furry and adorable.



**THE EARLY BIRD OPTION** - offers an extra day at camp, three delicious meals and bonus fellowship time with friends ... or a much-needed getaway for yourself! There are bonus activities, crafts, workshops and more!

**Early Bird Chapel Sessions: Aminta Geisler**

Aminta Geisler is a daughter of the King, wife to her best friend, mom of 4, and is affectionately known as the "Crazy Jesus Lady," a nickname that she loves. She is the Executive Director of Reckless Abandon Ministries, host of the Mint. Podcast, Speaker, Bible study author, and Breakfast Club champion. Her mission is to equip people to run the race of faith well. In her free time, Aminta enjoys taking long walks, reading, and remodeling homes with her husband. She loves coffee and pepperoni pizza.



**FRIDAY CRAFT (2:30-4:00 pm) – Set of 3! Tea Light Lanterns \$10**



Come create 3 tea light lanterns. Using pressed flowers and your own design and touch, you will be able to make something you can enjoy for years to come! Don't worry—we will be right there to help!

**SATURDAY CRAFTS & ACTIVITIES:**

**Mountain Scape Shadow Box \$15** – This fun and beautiful paper craft will draw you in and remind you of God's Unshakeable Promises for months to come!

**Fun at the ROCK!** We are excited for you to experience all the ROCK has to offer this fall! There will be pickle ball, the climbing wall, and games—not to mention hot coffee and a cozy fire. We know you will enjoy this space with long-term friends or new friends you find along the way!

**Workshops:** We will have a variety of workshop options for you from "Relating to the Next Generation" to "The Bread of Life" on both Friday and Saturday! More information will be available upon check-in!

**Silent Auction:** A retreat tradition! Bring items to donate for the Auction project: **Scholarship Fund.**

**Camp Activities:** Zip Line, Laser Tag, Pontoon Rides & The Climbing Wall

**Offsite Adventures: Self-Led Wobegon Bike Trail.** Bring your bike; enjoy the colors on the scenic Wobegon Trail.



**2025 Retreat Schedule \***

**Thursday Early Bird**

4:00 **Early Bird Check-In**  
 6:00 Dinner  
 7:00 Chapel with Aminta Geisler  
 8:30 Small Group Connection & Activities

**Friday**

7:30 TAG Time in the Trails  
 8:30 Breakfast  
 9:30 Chapel with Aminta Geisler  
 11:00 Early Bird Workshops & Activities  
 12:30 Lunch / Free Time Activities  
 1:30 TAG Time  
 2:30 Activities & Early Bird Craft  
 4:00 **Weekend Guests Check-In**  
 6:00 Dinner  
 7:00 Worship & Message – Erica Wiggenhorn  
 8:30 Small Group Connection & Activities

**Saturday**

7:30 Morning Hike  
 8:30 Breakfast  
 9:30 Worship & Message – Erica Wiggenhorn  
 11:00 Workshops  
 12:30 Lunch  
 1:30 TAG Time  
 2:30 Free Time Fun/Activities/Crafts  
 4:30 Silent Auction Ends  
 6:00 Candlelight Dinner  
 7:00 Worship & Message – Erica Wiggenhorn  
 8:30 Small Group Connection & Activities

**Sunday**

8:30 Breakfast  
 9:30 Worship & Message – Erica Wiggenhorn  
 10:30 Small Group Connection  
 12:00 Check Out

\* Schedule subject to improvement.

**RETREAT FEES AND HOUSING OPTIONS:**

\$190 Non-cabin Housing     \$160 Cabin Housing     \$65 Thursday Early Bird     \$15 Linens (non-cabin housing only)