

FOUNDATION MEN'S RETREAT

1 CORINTHIANS 3:11 "FOR NO ONE CAN LAY A
FOUNDATION OTHER THAN THAT WHICH IS LAID,
WHICH IS JESUS CHRIST."

FRIDAY, OCT 9

4:30 Early Bird Trap Shoot
6:30 Dinner
8 Chapel
9:30 Sundaes @The Rock
10 Blacklight Dodgeball

SATURDAY, OCT 10

8 Breakfast
9 Chapel
10:30 Morning Seminars
(Free Time)
12:30 Lunch
1:30 - 6:00 Free Time
6 Dinner
7:30 Chapel
9 Homerun Derby

SUNDAY, OCT 11

8 Breakfast
9 Chapel
Relaxed Departure



ANDREW DOTAS
SPEAKER



AL JEAN LOUIS
WORSHIP LEADER

ANDREW WAS CRITICALLY WOUNDED IN THE JULY 14, 2023, AMBUSH THAT CLAIMED THE LIFE OF FARGO POLICE OFFICER JAKE WALLIN AND LEFT SEVERAL OTHERS INJURED. AFTER WEEKS IN THE ICU, HE FACED THE LONG JOURNEY OF HEALING—NOT ONLY PHYSICALLY, BUT MENTALLY, EMOTIONALLY, AND SPIRITUALLY. ANDREW WILL SHARE HIS POWERFUL STORY OF RECOVERY, RESILIENCE, AND POSTTRAUMATIC GROWTH. HE'LL REFLECT ON HOW HIS IDENTITY HAS SHIFTED BEYOND THE BADGE, THE ROLE HIS FAITH PLAYED IN HIS HEALING, AND HOW GOD HAS USED UNIMAGINABLE TRAGEDY TO BUILD A STRONGER FOUNDATION FOR LIFE AND MINISTRY. HIS TESTIMONY IS A COMPELLING REMINDER THAT EVEN IN OUR DEEPEST STRUGGLES, GOD CAN BRING RESTORATION, PURPOSE, AND RENEWED STRENGTH.

FREE TIME OPTIONS

1:30 - 6:00

- Disc Golf
- Pickleball
- Fishing
- Volleyball
- (Sand Courts)
- Fire Pits
- Hiking
- Fishing
- Gym Time
- Game Room
- Horse Shoes
- Wiffleball
- Pontoons
- Power Napping

SIGN UPS@KIOSK

- Laser Tag
- Climbing Wall
- Zipline

JUST SHOW UP

- Trap Shooting \$5 + (Fee for Ammo)
(Early Bird Fri. and 1:30-5:30 Sat.)
- Hand Guns (Fee for Ammo)
(1:30-3:30 Sat.)

TOURNAMENTS

- Trap Shoot (Sharp Shooter, Rookie)
- Disc Golf (Ends 6 Sat.)
- Doubles Horse Shoe (2 Sat.)
- Home Run Derby (9 Sat.)
- Fishing (Ends 6 Sat.)
- 8 Ball (5 Sat.)
- Ping Pong (5 Sat.)

CAMP STORES

- Canteen
(Sat. 3-4)
- Trading Post
(Sat. 1:30-3, Sun. 10:30-Noon)